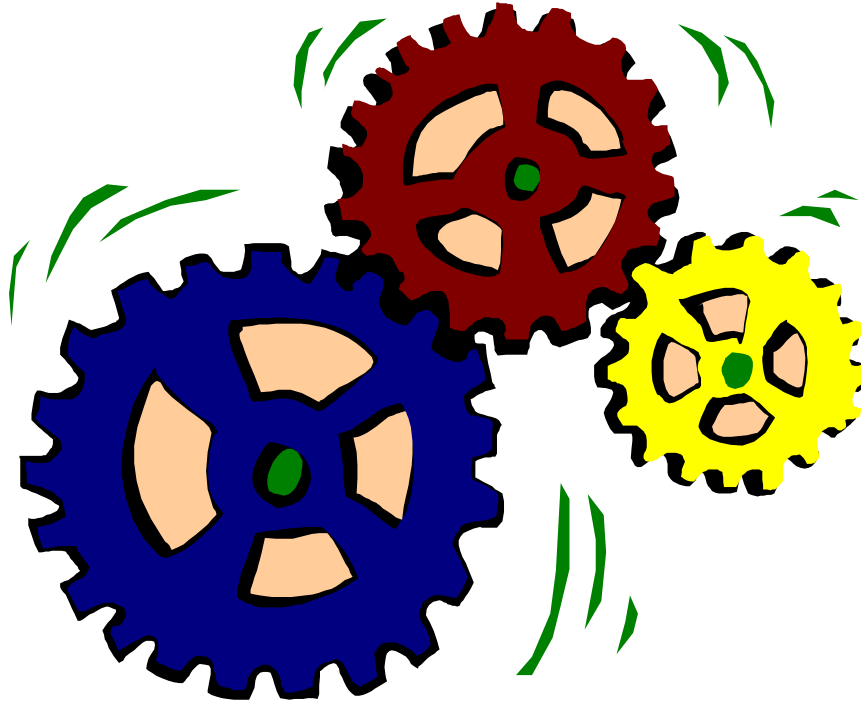
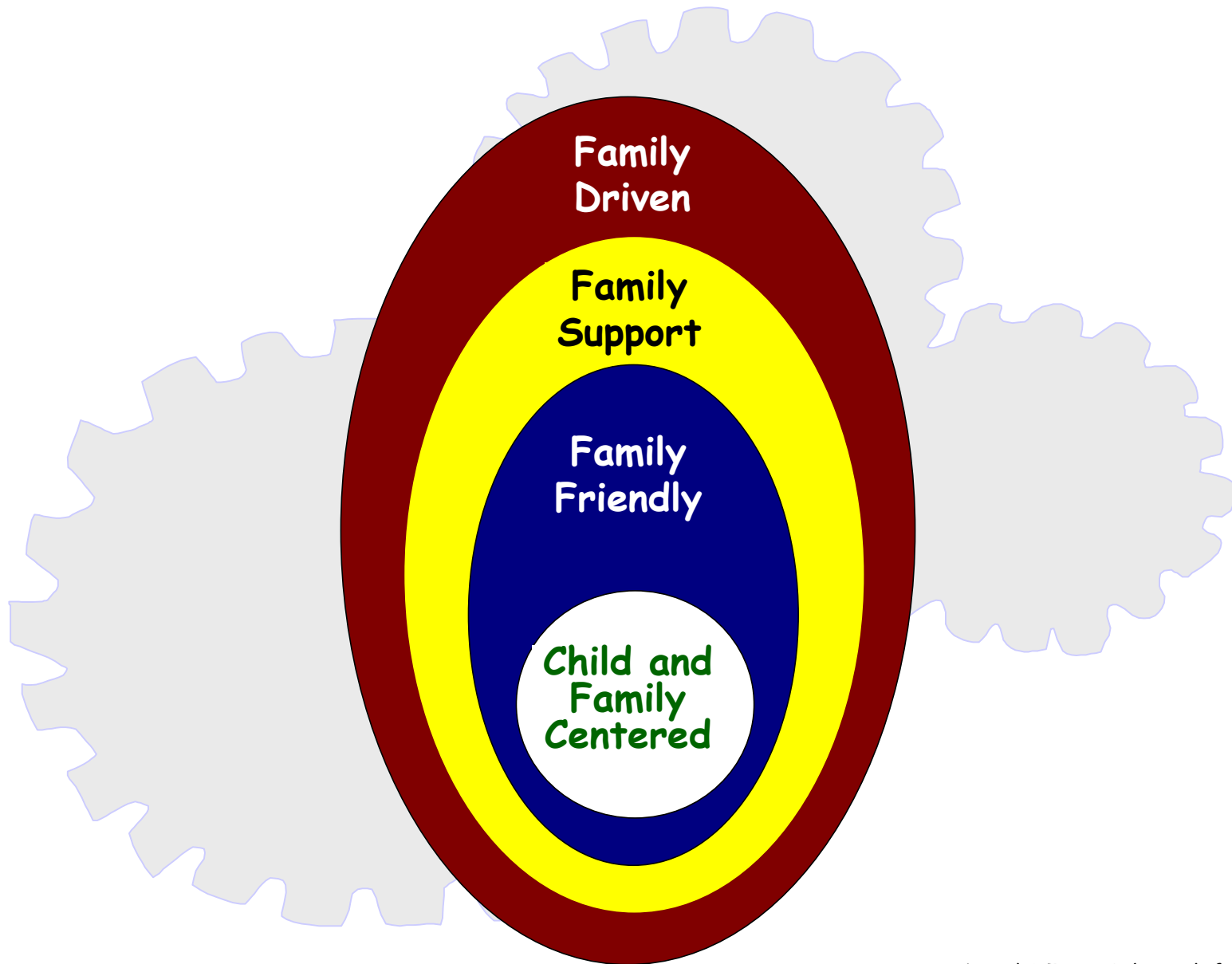


# Shifting Gears to Family and Youth Driven



**David and Trina Osher**

# Building on Earlier Progress



# PARADIGM SHIFT: The Changing Role for Families and Youth

	Provider Driven	Family Driven
Source Of Solutions	Professionals and agencies	Child, family, and their support team
Relationship	Child and family viewed as a dependent client expected to carry out instructions	Partner/collaborator in decision making, service provision, and accountability
Orientation	Isolating and "fixing" a problem viewed as residing in the child or family	Environmental approach enabling the child and family to do better in the community
Assessment	Deficit oriented	Strengths based

# PARADIGM SHIFT: The Changing Role for Families and Youth

	Provider Driven	Family Driven
<b>Planning</b>	Agency resource based	Individualized for each child and family
<b>Access To Services</b>	Limited by agencies menus, funding streams, and staffing schedules	Comprehensive and provided when and where the child and family require
<b>Expectations</b>	Low to modest	High
<b>Outcomes</b>	Based on agency function and symptom relief	Based on quality of life and desires of child and family

# Why Shift Gears?

To get better results.

Families and youth are the Engine for change because:

- We know what works for us.
- We know what our limitations are.
- We can keep track of services and change.
- Our comfort and buy-in are necessary.

# Why Shift Gears?



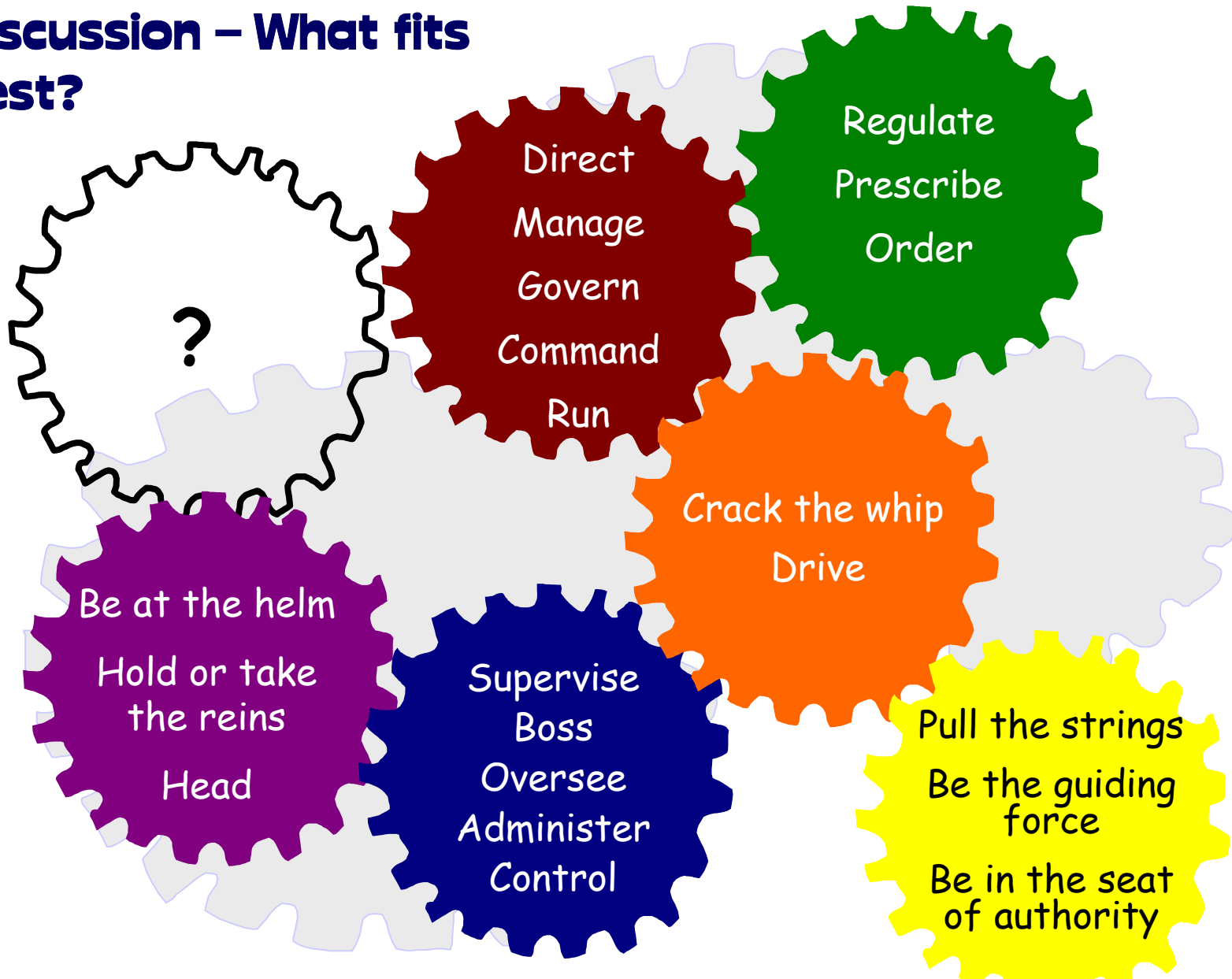
**To change systems.**

Families and youth are the Engine for change because:

- Our experience is holistic.
- We face the challenges all day and every day.
- We are passionate and will not give up.
- We have credibility.



# Discussion – What fits best?



# Being Family-Driven Requires~~

- **Active and meaningful family involvement in:**
  - Policy and goal setting;
  - Strategic and action planning;
  - Planning and selecting what will be done;
  - Monitoring & evaluating; and
  - Applied research and communication.
- **Who else needs to be involved?**

# Being Family-Driven Requires~~

- Families knowing and understanding the pros and cons of all the options.
- Families having the time, tools, skills, and supports to make good decisions.

# Changing Relationships

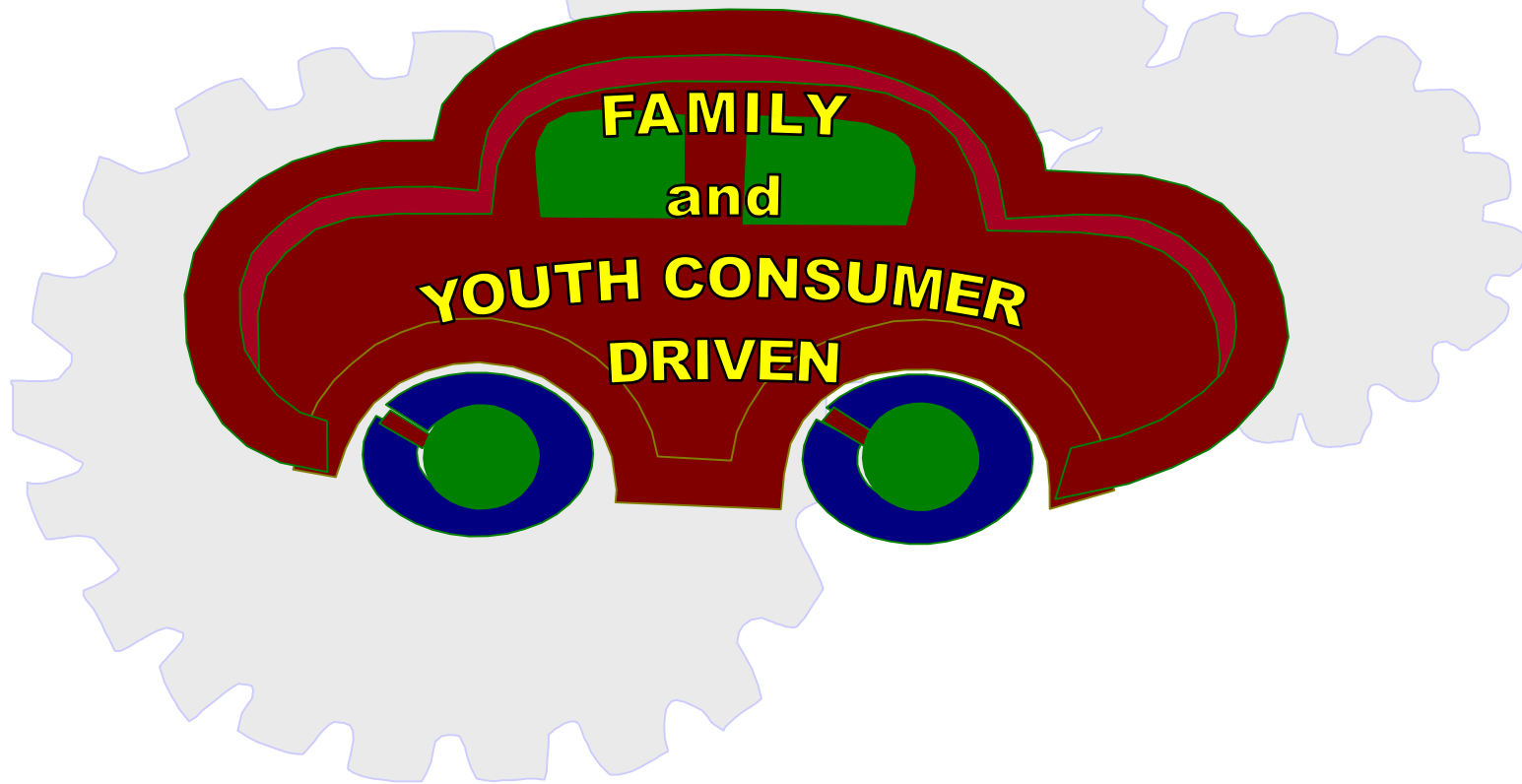
The background of the slide features a large, light gray gear with a blue outline. This gear is interlocked with another gear to its right, which is partially visible. The gears are set against a white background.

- **Everyone needs help to:**
  - View the process differently;
  - Act and interact in new ways;
  - Feel comfortable with the process; and
  - Own and believe in a new way of working together.

# What do you want to change?



# TIPS For Successful Journey



# Plan With Care

- Consider alternative routes.
- Research the pros and cons before making choices. (Ask for the data.)
- Use maps and traveling tips from other families.
- Consult with knowledgeable and experienced traveling companions.

# Drive With Care

- Know where you want to go.
- Recognize the help you need to get there safely.
- Have companions watch for landmarks, hazards, and detours.

**CAUTION!**

**This is not a joy ride.**

**The stakes and the risks are HIGH for all!**

# Take Precautions



- Know where to get emergency help.
- Have a plan for getting back on the road after a setback.
- Have all the needed supplies on hand.
- Take good care of everyone - especially yourself.
- Make your companions as comfortable as possible.

# Pay Your Dues



- Celebrate success together.
- Share what you did, how you did it, and what you learned.
- Teach youth how to drive responsibly.
- Support others in their journeys.